

# Conflict is an inherent part of the human condition.

Conflict is often perceived as something negative, but conflict is a natural part of our lives. When it is handled effectively, it can provide important opportunities for learning and growth. Conflict is the basis on which democracies are formed. Pluralistic, democratic societies thrive when individuals, groups, and organizations acknowledge a range of perspectives and can manage differences and disagreements productively. Democratic societies are generally able to manage such conflict nonviolently because of strong institutions, separation of powers, rule of law, civil society, a free press, accountability through regular elections, and multiple opportunities for citizen engagement with the government.

In this section, students will think about what peace and conflict mean to them. They will form their own definitions after exploring multiple perspectives. The conclusions they draw will create the basis for their understanding of sections two and three of this toolkit, in which they consider how to manage conflict and use the many tools in the conflict management toolbox.



#### **Rationale**

Before students can begin to think about how to prevent or manage conflict, they must be able to identify it. This process begins with establishing a definition for conflict. In this activity, students begin to define conflict and explore various interpretations of conflict in order to further their understanding of the subject.

## **Objectives**

- 1. To consider definitions and interpretations of conflict as a way of forming one's own understanding.
- 2. To consider whether conflict is positive or negative.
- 3. To explore the role of conflict in our lives.

#### **Standards**

- Culture
- Power, Authority, and Governance
- Civic Ideals and Practices

Time: Two class periods (Part 1–45 minutes; Part 2–45 minutes)

Materials are listed below but this lesson could be done with black/white board and markers.

#### **Materials for Part 1**

- ☐ Sticky notes like Post-It® notes (a different color for each group) or small pieces of paper
- ☐ Chart paper and markers
- ☐ Tape (to tape up chart paper, if needed, and to tape small pieces of paper if sticky notes are not available)

<ul><li>□ Paragraph Exit Pass Worksheet (or write it on the board)</li><li>□ Timer or watch/clock</li></ul>
Materials for Part 2
☐ Sticky notes like Post-It® notes (a different color for each group) or small pieces of paper
☐ Chart paper and markers
☐ Tape (to tape up chart paper, if needed, and to tape up small pieces of paper if sticky notes are not available)
☐ Quotes on Conflict and Conflict Management Handout (cut into strips)
☐ CD player and CD (of your choice, developmentally appropriate)
☐ Paragraph Exit Pass Worksheet (or write it on the board)
☐ Timer or watch/clock



#### 45 minutes

#### Part 1

#### **Procedures**

#### I. Essential Questions

- 1. How can we define conflict?
- 2. Why might there be multiple definitions of conflict?

#### II. Motivation/Introduction (10 minutes)

- 1. Explain to students that you are going to share a list of words that can be associated with conflict. Share that each statement will begin with "When I say conflict, you think of . . ." and then a word. Each time you finish the sentence with a new word, they should clap if students think of that word very often; snap if they think of the word sometimes; and stay silent if they do not think of it much at all. Encourage students to look around the room and listen with each word to be aware of their classmates' responses. Note that there are no right or wrong answers for this activity.
- 2. Start each statement round with, "When I say conflict, you think of ..." and use some or all of the following words to finish each sentence: difference, innocent, hurt, anger, win/lose, decision, normal, disagree, guilty, unfair, struggle, right, clash, violence, fight, people, learning, wrong, war, ideas, agreement, against, separate, change, avoid, intervene, help.

When you have finished your sentences, ask for volunteers to finish the sentence with their own words.

- 3. Briefly discuss the exercise using some or all of the following questions.
  - Which words had the "loudest" reaction, meaning that many of you associate conflict with the word? Which words had the "quietest" reaction? (write them on the board)
  - Why do you think these words were either frequently associated or infrequently associated with conflict?
  - Is a fight different than an argument? Why do conflicts become violent?
  - Do you think conflict is always bad or negative? Can it be positive or have a good ending?

Note: People view conflicts in many different ways, though often, we tend to think of conflict as something that should be avoided. Yet, conflict is neither positive nor negative by itself; how we choose to respond to conflict makes it positive or negative. In this lesson, students will challenge their notions of conflict in order to develop the skills and awareness necessary to respond to conflicts in positive and constructive ways.

Can you think of a conflict you experienced that ended up being positive and that helped you learn something about yourself or someone else?

**III. Teacher Directed (15 Minutes)** 

- 1. Divide students into groups of three. See sidebar for grouping suggestions.
- Introduce the different levels of conflict: personal, local, national, and international. Personal—something that directly involved or impacted you; Local—something that happened in your community, school, state; National—something that happened in the country; or International something that happened in the world.
- 3. Provide students with an example of each type of conflict.
- 4. Ask students to think about and share stories about conflict in their lives. They can think personally, locally, nationally, or internationally. Tell them that while one person is sharing, the rest of the group should listen without interruption and write down key words that run through everyone's stories. Refer back to the exercise "When I say conflict, you think of . . ." for examples.
- 5. Circulate as groups are sharing.
- 6. Call out "Switch" every two minutes to ensure that every student gets to share.
- 7. Distribute sticky notes to each group, with each group getting a different color. Once the groups are done, tell them to share their lists of key words out loud and write each word on a sticky note, writing only one word per sticky note. Direct them to stick all of their group's sticky notes on a piece of chart paper.

#### **IV.** Guided Practice (15 minutes)

- 1. Once all groups have placed their sticky notes on chart paper, have each group share their words with the whole class and hang their chart paper on the wall/board. They can stick the notes directly on the board if you don't have chart paper.
- 2. After all groups have shared, tell them that they are going to write a definition of conflict using the sticky note words from any of the groups.
- 3. Tell them that their group needs to decide on their top ten words (as a start) from any of the sticky notes hanging. Once they have decided on their top ten, have one representative from each team come to the front and have him or her take their group's ten sticky notes. There will likely be multiples of some words. If a group wants a word that has been taken, they can write that word on a new sticky note.
- 4. Tell each group to write their definition of conflict using only the sticky notes they have selected. They may write transition and conjunction words between sticky notes (i.e., the, and, if, etc), and they may gather more sticky notes as they are working, if they need them.

#### V. Independent Practice (5 minutes)

- 1. Give time for groups to write their sticky note definitions on chart paper.
- 2. Once done, hang all of the definitions in the room.
- 3. To share, each group can read their definition or have the whole class take a Gallery Walk (a walk around the room) of the definitions.
- 4. Ask some or all of the following questions:
  - What similarities and differences do you see between the groups' definitions?

Note: The U.S. Institute of Peace focuses on conflicts beyond U.S. borders. These conflicts may be interstate (between countries, e.g., Arab-Israeli conflict) or intrastate (between groups within a country, e.g., the Lords Resistance Army and the government in Uganda).

#### **GROUPING SUGGESTIONS**

**Option 1.** Invite students to create a physical expression of how they feel about conflict. Have them look around the room and identify a person who has made a similar expression. Start clapping slowly and tell them with each clap they should take one step closer to their identified classmate/s. If the groups are not the right number, adjust them accordingly.

**Option 2.** Place a big sign that says conflict in the middle of the room or wear it yourself to personify conflict. Invite students to position themselves in relation to the conflict according to how they tend to respond to conflict. For example, if they don't like dealing with it, they can go to the far end of the room and turn away from the conflict. If they directly address it, they can stand really close to the conflict. Create groups with students according to where they are standing in the room.

Note: USIP's Peace Terms defines conflict as follows: An inevitable aspect of human interaction, conflict is present when two or more individuals or groups pursue mutually incompatible goals glossary.usip.org.

#### **Extension Activity**

Do the same "When You Say Conflict, I Think Of . . ." exercise with different words instead of conflict, such as democracy, global citizen, human rights, etc.

- Are these differences important? Why?
- 5. Have each student put a dot sticker on the definition of conflict they like most or have students verbally identify which definition they like most.

#### VI. Homework

Distribute the *Paragraph Exit Pass* Worksheet and tell students that for homework they must answer the following question in a paragraph, "Why might there be multiple definitions of conflict?" The paragraph must contain a topic sentence, four supporting details and a concluding sentence. Have students complete the exit pass for homework unless you complete the lesson early, in which case students can complete it in class.

#### **Assessment:**

Participation, group definitions of conflict, Paragraph Exit Pass Worksheet

# Lesson 1.1 WORKSHEET: PARAGRAPH EXIT PASS, Part 1

Name:			
Exit Pass Question:			
Topic Sentence:			
Supporting Detail 1	Supporting Detail 2	Supporting Detail 3	Supporting Detail 4
Summary/Concluding S	entence:		
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Name:		<u></u>	
Exit Pass Question:			
Topic Sentence:			
Supporting Detail 1	Supporting Detail 2	Supporting Detail 3	Supporting Detail 4
Summary/Concluding S	entence:		



#### 45 minutes

#### Part 2

#### **Procedures**

#### I. Essential Questions

- 1. What can we learn about conflict through the words of others?
- 2. Does the definition of conflict always remain the same?

#### *II. Motivation/Introduction (1 minute)*

Explain to students that people view and understand conflict in different ways.

#### III. Teacher Directed (5 minutes)

- Distribute quotes from the Handout: Quotes on Conflict and Conflict
   Management—one quote to each student—and give them time to read their
   quotes. You may choose to supplement the list with quotes from your own
   research.
- 2. Explain that the goal of this activity is to hear many different quotes about conflict and to end up with the one that best reflects conflict. In order to do this, they will be given the chance to share their quotes with classmates.
- 3. Tell students that when you begin playing music, students should walk around the room. When the music stops, students should form a group with two to four people standing near them. Each person in the group should read his or her quote out loud to the small group. If students hear a quote they like better than the one that they have, they can ask that person to trade with them. Make note that students do not have to trade their quote if they do not want to, but encourage students to share and exchange in a respectful manner. Students are encouraged to share their opinions about the quotes within their small group and to listen quietly to others.

When the music starts again, students should move around again and repeat the same process with different peers.

#### IV. Guided Practice (15 minutes)

- Set the timer for five minutes.
- 2. Play the music, stop, give five minutes for conversations and trading.
- 3. Repeat one or two more times.

#### V. Independent Practice (10 minutes)

- 1. After the final round, gather students in a large circle if you have space. Otherwise, students can return to their seats.
- 2. Go around the circle and have everyone share in 30 seconds the quote they ended up with, what it means to them, and why they chose that quote.
- 3. Ask students to tape their quote to the sticky note definition of conflict (on chart paper from the previous lesson) that it best matches.

#### VI. Discussion (7 minutes)

Lead a discussion with the whole class using some or all of the following questions:

- What did you learn from this activity about how different people view conflict?
- Is one view and understanding of conflict more correct than another?
- Why do you think so many quotes exist about conflict?
- Why might different societies have different views about conflict?

#### VI. Closure (7 minutes)

- 1. Handout Paragraph Exit Pass.
- 2. Have students complete a Paragraph Exit Pass by answering the following question in a paragraph, "In what ways has your definition of conflict changed?" Collect the paragraphs as students leave the room or have students complete the exit pass for homework if you do not have time.

#### **Assessment:**

Participation, Paragraph Exit Pass Worksheet

Note: Conflict by itself is neither good nor bad. Each of us as individuals decides what conflict means to us, and we influence what happens in a conflict based on how we respond to it. Our goal is to learn to respond to conflict in a way that does not involve violence and that can change the situation for the better.

#### **Extension Activities**

- Connect with the art teacher to have students illustrate their quotes.
- Have students research the person who said the quote and identify the context in which the statement was made.
- 3. Have students find additional quotes on conflict and share them with the class.

# Lesson 1.1 HANDOUT: QUOTES ON CONFLICT AND CONFLICT MANAGEMENT (cut into strips)

Peace is not the absence of conflict, it is the ability to handle conflict by peaceful means. —Ronald Reagan
Aggressive conduct, if allowed to go unchecked and unchallenged, ultimately leads to war. —John F. Kennedy
Today the real test of power is not capacity to make war, but capacity to prevent it. —Anne O'Hare McCormick
You can't shake hands with a clenched fist. —Indira Gandhi
There should be an honest attempt at the reconciliation of differences before resorting to combat. —Jimmy Carter
If you want to make peace, you don't talk to your friends. You talk to your enemies. —Moshe Dayan
When you negotiate an agreement, you must remember that you are also negotiating a relationship. —Harold Nicolson
A diplomat must use his ears, not his mouth. —Komura Jutaro
Truth springs from argument amongst friends. —David Hume
Don't be afraid of opposition. Remember, a kite rises against; not with; the wind. —Hamilton Mabie
The harder the conflict, the more glorious the triumph. What we obtain too cheap, we esteem too lightly; it is dearness only that gives everything its value. —Thomas Paine
Never ascribe to an opponent motives meaner than your own. —John M. Barrie
An eye for an eye makes us all blind. —Mahatma Gandhi

If war is the violent resolution of conflict, then peace is not the absence of conflict, but rather, the ability to resolve conflict without violence. — C.T. Lawrence Butler, author of *On Conflict and Consensus*. *A Handbook on Formal Consensus Decision-making* (2000)

Work on developing a cooperative relationship, so when conflict comes, you believe you are allies. —Dean Tjosvold

You can outdistance that which is running after you, but not what is running inside you. —Rwandan Proverb

Difficulties are meant to rouse, not discourage. The human spirit is to grow strong by conflict. —William Ellery Channing

# Lesson 1.1 WORKSHEET: PARAGRAPH EXIT PASS, Part 2

Topic Sentence:  Supporting Detail 1  Summary/Concluding Senten  Cut here   Lit Pass Question:  Topic Sentence:		Supporting Detail 3	Supporting Detail 4
Summary/Concluding Senten  Fut here   Iame:  xit Pass Question:	nce:		Supporting Detail 4
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Supporting Detail 1	Supporting Detail 2	Supporting Detail 3	Supporting Detail 4
Summary/Concluding Senten			



#### **Rationale**

Conflict, when managed effectively, can result in a peaceful solution. However, peace is not static. People must work to build and maintain peace. Like conflict, there are many perspectives and interpretations of what peace is and what it looks like. In this lesson, students will explore varying perspectives on peace and begin to develop their own definition of peace.

#### **Objectives**

- 1. To generate multiple definitions of peace.
- $2. \quad \text{To explain how one's definition of peace is informed by multiple perspectives}.$
- 3. To explain that conflict can be a part of a peaceful society and to understand that peace and conflict can be two sides of the same coin.

#### **Standards**

- Culture
- Individual Development and Identity
- Power, Authority, and Governance
- Civic Ideals and Practices

**Time:** Two class periods (Part 1–45 minutes; Part 2–45 minutes)

#### **Materials for Part 1**

Markers	Scissors
Crayons	Poster board
Colored pencils	Glue
Reflection Exit Pass Worksheet	

# Markers □ Glue □ Crayons □ Reflection Exit Pass Worksheet □ Colored pencils □ Paragraph Exit Pass Worksheet □ Newspapers and news magazines □ Drawing Exit Pass Worksheet □ Scissors □ Poem Exit Pass Worksheet □ Poster board



#### 45 minutes

#### Part 1

#### **Procedures**

#### I. Essential Questions

- 1. Is there one way to define peace?
- 2. How are conflict and peace related?

#### II. Motivation/Introduction (4 minutes)

- 1. Ask students to stand if they think there is one definition of peace.
- 2. Randomly select standing and seated students to explain why they are standing or seated.

#### **III. Teacher Directed (4 minutes)**

- 1. Distribute a blank piece of paper to each student. Have students write their name in the top left corner of the paper.
- 2. Ask each student to write a definition of peace and then turn the paper over.

#### IV. Guided Practice (15 minutes)

- 1. Tell students to draw their idea of peace on the other side of the paper using pictures or symbols. Do not let students use words. Let them know that they will share their drawings with others who will add to them.
- 2. Stop them after 30 seconds and have them pass the paper to the person next to them.
- 3. Direct the students to add to what they see on the paper, keeping peace as the theme.
- 4. Stop them after 30 seconds and have them pass the paper to the person next to them.
- 5. Direct the students to add to what they see on the paper, keeping peace as the theme.
- 6. Repeat this process until everyone gets their own drawing back.

*Alternative:* If you have a large class, you may wish to divide the class into groups of 8–10 students and have students pass the paper around in their groups.

#### V. Independent Practice (10 minutes)

- 1. Ask:
  - What happened to your picture? Does it still reflect your initial definition of peace?

Note: USIP's Peace Terms defines peace as follows: The word "peace" evokes complex, sometimes contradictory, interpretations and reactions. For some, peace means the absence of conflict. For others it means the end of violence or the formal cessation of hostilities; for still others, the return to resolving conflict by political means. Some define peace as the attainment of justice and social stability; for others it is economic well-being and basic freedom. Peacemaking can be a dynamic process of ending conflict through negotiation or mediation. Peace is often unstable, as sources of conflict are seldom completely resolved or eliminated. Since conflict is inherent in the human condition, the striving for peace is particularly strong in times of violent conflict. That said, a willingness to accommodate perpetrators of violence without resolving the sources of conflict—sometimes called "peace at any price"—may lead to greater conflict later glossary.usip.org.

- 2. Direct students to turn their papers over and revise their definition so that it reflects the revised drawing and now a collective definition of peace.
- Have each student hold up his/her drawing and read their revised definition from the back.

#### VI. Discussion (10 minutes)

Lead a discussion using some or all of the following questions:

- How did it feel to have others add to your picture and then to rewrite your definition?
  - Possible answers might include: feeling unhappy that someone changed their ideas, feeling proud that someone built upon their ideas, feeling anxious about their ideas being changed or about other students seeing their drawing.
- What did you notice about the definitions that everyone shared? Were there any similarities or differences? Share that there are many different definitions of peace, just as there are many different definitions of conflict.
- What are the consequences when there are many definitions of a concept?
- How are peace and conflict related concepts?
- Can conflict exist in peaceful societies? What examples of conflict within democratic societies around the world can you think of?

#### VII. Closure (2 minutes)

Distribute the *Reflection Exit Pass* Worksheet and have students complete it for homework unless you have time remaining in class.

#### **Assessment:**

Definitions and drawings of peace, participation, Reflection Exit Pass Worksheet

#### **Extension Activity**

Peace Symbols: Brainstorm symbols that signify peace (you should have some available to view, including USIP's logo). Have students form pairs to discuss what the symbols mean and have them share the highlights of their discussion aloud. Ask students where they see these symbols. Have students design their own peace symbol using a combination of the more traditional symbols and/or their own peace drawing.

# **Lesson 1.2 WORKSHEET: REFLECTION EXIT PASS**

Name:
Question 1: How did you feel about having your definition of peace altered?
Question 2: What are the consequences when there are many definitions of a concept?
Cut here %  Lesson 1.2 WORKSHEET: REFLECTION EXIT PASS  Name:
Question 1: How did you feel about having your definition of peace altered?
Question 2: What are the consequences when there are many definitions of a concept?

### Part 2



#### **Procedures**

#### I. Essential Questions

- 1. What are the characteristics of a peaceful society?
- What do you notice about the peace and conflict examples you see in the media?
- 3. How are peace and conflict related?

#### II. Motivation/Introduction (5 minutes)

- 1. Write the following on the board and have students turn to a partner and discuss or have them discuss as a whole class:
  - How would you describe a peaceful society?
- 2. Randomly select students to explain their answers.

#### **III. Teacher Directed (5 minutes)**

- Explain that students will identify examples of peace in stories from newspapers and then cut those pictures and stories out to make collages on poster board. Students will also have to choose a caption for their collage and explain why they chose their caption. Alternatively, students may use one of their definitions of peace (from the previous activity) as their caption.
- 2. Divide the class into groups of three to four students.
- 3. Distribute one poster board and at least two newspapers or news magazines per group.
- Distribute scissors and glue (enough for each group to complete the activity).

#### IV. Guided/Independent Practice (20 minutes)

- Tell students to look through the materials and find examples of peace.
- 2. Share that when students find an example, they should cut it out of the newspaper.
- 3. After students have cut out enough examples to form a collage, students can glue their cut outs onto the poster board.
- 4. Tell students that as a group they must decide what the caption for the collage should be and then explain to the other groups why they chose that caption.
- Tell students that each group will have one minute to present their caption and collage to the rest of the class.

#### V. More Guided Practice (15 minutes)

- 1. Have a representative from each group share their collage with the class and explain their caption.
- 2. Ask students what they noticed about the collages and captions:
  - What similarities and differences did you notice in the interpretations of peace?
- 3. To highlight that there can be many interpretations of peace, tell students that they will engage in a quick visual exercise.

#### **Extension Activity**

Choose one of the following to complete:

- Based on what you have learned about peace and conflict, answer this question in a paragraph: What is the relationship between peace and conflict? The paragraph must contain a topic sentence, four supporting details and a concluding sentence.
- 2) Based on what you have learned about peace and conflict, draw a diagram or picture that illustrates the relationship between peace and conflict. The diagram must have a caption that explains the relationship between peace and conflict.
- Based on what you have learned about peace and conflict, write a poem that captures the relationship between peace and conflict.

- 4. Tell students that you will ask a question and they should move to the left side of the room for "No" and the right side of the room for "Yes."
- 5. Ask:
  - Is peace simply the absence of war?
- 6. Once everyone has chosen a side, have students in each group discuss among themselves why they are standing on their side, and have one representative from each group share with the class.
- 7. Think about different conflicts around the world, for example, Iraq, Afghanistan, Democratic Republic of the Congo. What might peace mean to the different groups involved in each of these conflicts? Do you think peace looks the same to each of these groups? Why or why not?

#### **Assessment:**

Collage, caption, participation, Exit Pass Extension Activity

#### Lesson 1.2 WORKSHEET: PARAGRAPH EXIT PASS

**Directions:** Based on what you have learned about peace and conflict, answer this question in a paragraph: What is the relationship between peace and conflict? Name: \_\_ Topic Sentence: Supporting Detail 1 Supporting Detail 2 Supporting Detail 3 Supporting Detail 4 Summary/Concluding Sentence: Cut here 🕷 \_\_\_\_\_ **WORKSHEET: PARAGRAPH EXIT PASS Directions:** Based on what you have learned about peace and conflict, answer this question in a paragraph: What is the relationship between peace and conflict? Name: \_\_ Topic Sentence: Supporting Detail 1 Supporting Detail 2 Supporting Detail 3 Supporting Detail 4 Summary/Concluding Sentence:

#### Lesson 1.2 EXTENSION WORKSHEET: DRAWING EXIT PASS

<b>Directions:</b> Based on what you have learned about peace and conflict, draw a diagram or picture that illustrates the relationship between peace and conflict. The diagram must have a caption that explains the relationship between peace and conflict.		
Name:		
Caption:		

# **Lesson 1.2 EXTENSION WORKSHEET: POEM EXIT PASS**

between peace and conflict.	
Name:	
Title of Poem:	

Directions: Based on what you have learned about peace and conflict, write a poem that captures the relationship